



## Future of work: Work-life balance in practice

### Example of seminar/webinar with Quality of life Expert Pia Webb

Author and Quality of Life expert Pia Webb has inspired thousands of people and successfully coached many executives and leading businessmen and women abroad and in Sweden. She conveys the link between an individual's quality of life and success of the organisation in the most inspiring and innovative ways. During her seminar she will share with you how to achieve work-life balance in practice. You will also get the opportunity to practice the coaching tool that has the power to support you for the rest of your life both at home and at work. A win-win concept for any organisation.



#### About Pia Webb

Pia Webb is an International Quality of Life Consultant and coach with over 1000 coaching hours in Personal Development, Leadership and Business Development.



Based on her experience she created Webbs Quality of Life Model© in 2009, which has been successfully adopted by thousands of people. The model focuses on the link between the individual's quality of life and the organisation's success and has the potential to turn any person or organisation around. She is on a mission to take the model global.

Her self-coaching handbook "Improve your own quality of life the Swedish Way" has been awarded Finalist in the International Book Awards, USA, under the category Motivational Self-Help book.



*"Pia Webb has created a model that is so ingenious in its simplicity that it can be applied to every aspect of life, from relationships to work and career. With this book, it becomes very clear why and how you will find your motivation, based upon your own circumstances."*

**Maria Torshall, Chief Editor** at the Swedish Health Magazine 'Hälsa', Sweden

*"Pia is doing something really important in our world - highlighting the pernicious problem of stress and giving us practical tools to deal with everyday pressures. She is an engaging speaker and I can guarantee your life will be enhanced by spending time with her and listening to (and applying) her wisdom."*

**Andrew Thorp, Award winning speaker.** Co-founder MojoLife, Great Britain

#### For more info

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